

Review:

Inertia (a scalar) = mass = m (慣量 即 質量 是一種純量)

Inertia tensor = Moment of inertia = \vec{I} (轉動慣量 是一種二階張量)

Velocity $\vec{v} = d\vec{x}/dt$ (速度 是一種向量，方向沿著前進方向，速度單位：長度/時間)

Angular velocity $\vec{\omega}$ (角速度 是一種向量，方向沿著轉軸方向，因為多數人是右撇子，所以用右手定則定義角速度的方向。角速度與磁場等，都是 pseudo vectors。他們的方向，若用左手定則來定義，則全部反向。角速度單位：1/時間， $|\vec{\omega}| = d\theta/dt$)

$\vec{v} = \vec{\omega} \times \vec{r}$ (旋轉時，速度 與 角速度的關係。因為旋轉時 位移為弧長 $\Delta s = r \Delta\theta$ 因此 旋轉速度大小 $v_\theta = \lim_{\Delta t \rightarrow 0} \Delta s / \Delta t = \lim_{\Delta t \rightarrow 0} r \Delta\theta / \Delta t = r\omega$ 。方向，就請自己比畫一下了)

Momentum $\vec{p} = m\vec{v}$ (動量 或 線動量 是一種向量，方向沿著前進方向，單位：____)

Angular momentum $\vec{L} = \vec{r} \times \vec{p}$ (角動量 是一種向量，方向沿著轉軸方向，右手定則，單位：_____)

現在考慮一個剛體的旋轉。把剛體切成 N 小塊。若此剛體沿著一個轉軸以角速度 $\vec{\omega}$ 旋轉。若第 k 小塊距離轉軸的距離向量為 \vec{r}_k 質量為 m_k ，則此剛體的角動量為

$$\vec{L} = \sum_{k=1}^N \vec{r}_k \times \vec{p}_k = \sum_{k=1}^N \vec{r}_k \times [m_k \vec{v}_k] = \sum_{k=1}^N \vec{r}_k \times [m_k (\vec{\omega} \times \vec{r}_k)] \quad (1)$$

由質心的定義可得，若剛體質心距離轉軸的距離向量為 \vec{R} 且剛體總質量為 M 則

$$\vec{R} = \frac{\sum_{k=1}^N m_k \vec{r}_k}{\sum_{k=1}^N m_k} = \frac{1}{M} \sum_{k=1}^N m_k \vec{r}_k \quad (2)$$

我們總是希望了解「剛體質心運動」在剛體的角動量中所扮演的角色，所以我們將「第 k 小塊距離轉軸的距離向量 \vec{r}_k 」拆解為

$$\vec{r}_k = (\vec{r}_k - \vec{R}) + \vec{R} \quad (3)$$

Substituting Equation (3) into Equation (1) to replace all the \vec{r}_k in Equation (1), it yields

$$\begin{aligned} \vec{L} &= \sum_{k=1}^N \vec{r}_k \times [m_k (\vec{\omega} \times \vec{r}_k)] = \sum_{k=1}^N [(\vec{r}_k - \vec{R}) + \vec{R}] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R}) + \vec{R}]\} \\ &= \sum_{k=1}^N [(\vec{r}_k - \vec{R})] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R})]\} + M \vec{R} \times (\vec{\omega} \times \vec{R}) \end{aligned} \quad (4)$$

where

$$\begin{aligned}
 & \sum_{k=1}^N [(\vec{r}_k - \vec{R}) + \vec{R}] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R}) + \vec{R}]\} \\
 &= \sum_{k=1}^N [(\vec{r}_k - \vec{R})] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R})]\} + \sum_{k=1}^N [(\vec{r}_k - \vec{R})] \times \{m_k \vec{\omega} \times [\vec{R}]\} \\
 &+ \sum_{k=1}^N [\vec{R}] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R})]\} + \sum_{k=1}^N [\vec{R}] \times \{m_k \vec{\omega} \times [\vec{R}]\} \\
 &= \sum_{k=1}^N [(\vec{r}_k - \vec{R})] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R})]\} + \left\{ \sum_{k=1}^N m_k (\vec{r}_k - \vec{R}) \right\} \times (\vec{\omega} \times \vec{R}) \\
 &+ \vec{R} \times \left\{ \vec{\omega} \times \sum_{k=1}^N m_k (\vec{r}_k - \vec{R}) \right\} + \vec{R} \times (\vec{\omega} \times \vec{R}) \left[\sum_{k=1}^N m_k \right] \\
 &= \sum_{k=1}^N [(\vec{r}_k - \vec{R})] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R})]\} + (M\vec{R} - M\vec{R}) \times (\vec{\omega} \times \vec{R}) \\
 &+ \vec{R} \times \{\vec{\omega} \times (M\vec{R} - M\vec{R})\} + \vec{R} \times (\vec{\omega} \times \vec{R})M \\
 &= \sum_{k=1}^N [(\vec{r}_k - \vec{R})] \times \{m_k \vec{\omega} \times [(\vec{r}_k - \vec{R})]\} + 0 + 0 + M\vec{R} \times (\vec{\omega} \times \vec{R})
 \end{aligned}$$

Since

$$\vec{R} \times (\vec{\omega} \times \vec{R}) = (\vec{R} \cdot \vec{R})\vec{\omega} - \vec{R}\vec{R} \cdot \vec{\omega}$$

Equation (4) can be rewritten as

$$\vec{L} = \left\{ \vec{I}_G + M \left[(\vec{R} \cdot \vec{R})\vec{1} - \vec{R}\vec{R} \right] \right\} \cdot \vec{\omega} \quad (5)$$

where

$$\vec{I}_G = \sum_{k=1}^N m_k \left[(\vec{r}_k - \vec{R}) \cdot (\vec{r}_k - \vec{R})\vec{1} - (\vec{r}_k - \vec{R})(\vec{r}_k - \vec{R}) \right] \quad (6)$$

is the inertia tensor with respect to a rotating axis passing through the center of mass of the rigid body.

舉例說明：

Let $\vec{R} = R_x \hat{x} + R_y \hat{y} + R_z \hat{z}$. It yields

$$\begin{aligned} M \left[(\vec{R} \cdot \vec{R}) \vec{1} - \vec{R} \vec{R} \right] &= M \left\{ \left(R_x^2 + R_y^2 + R_z^2 \right) \begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix} - \begin{bmatrix} R_x^2 & R_x R_y & R_x R_z \\ R_y R_x & R_y^2 & R_y R_z \\ R_z R_x & R_z R_y & R_z^2 \end{bmatrix} \right\} \quad (7) \\ &= M \begin{bmatrix} R_y^2 + R_z^2 & -R_x R_y & -R_x R_z \\ -R_y R_x & R_x^2 + R_z^2 & -R_y R_z \\ -R_z R_x & -R_z R_y & R_x^2 + R_y^2 \end{bmatrix} \end{aligned}$$

Likewise

$$\vec{I}_G = \sum_{k=1}^N m_k \left[(\vec{r}_k - \vec{R}) \cdot (\vec{r}_k - \vec{R}) \vec{1} - (\vec{r}_k - \vec{R})(\vec{r}_k - \vec{R}) \right] = \begin{bmatrix} I_{Gxx} & I_{Gxy} & I_{Gxz} \\ I_{Gyx} & I_{Gyy} & I_{Gyz} \\ I_{Gzx} & I_{Gzy} & I_{Gzz} \end{bmatrix} \quad (8)$$

where

$$\begin{aligned} I_{Gxx} &= \sum_{k=1}^N m_k \left\{ \left[(\vec{r}_k - \vec{R})_y \right]^2 + \left[(\vec{r}_k - \vec{R})_z \right]^2 \right\} \\ I_{Gyy} &= \sum_{k=1}^N m_k \left\{ \left[(\vec{r}_k - \vec{R})_x \right]^2 + \left[(\vec{r}_k - \vec{R})_z \right]^2 \right\} \\ I_{Gzz} &= \sum_{k=1}^N m_k \left\{ \left[(\vec{r}_k - \vec{R})_x \right]^2 + \left[(\vec{r}_k - \vec{R})_y \right]^2 \right\} \\ I_{Gxy} &= I_{Gyx} = - \sum_{k=1}^N m_k (\vec{r}_k - \vec{R})_x \cdot (\vec{r}_k - \vec{R})_y \\ I_{Gxz} &= I_{Gzx} = - \sum_{k=1}^N m_k (\vec{r}_k - \vec{R})_x \cdot (\vec{r}_k - \vec{R})_z \\ I_{Gyz} &= I_{Gzy} = - \sum_{k=1}^N m_k (\vec{r}_k - \vec{R})_y \cdot (\vec{r}_k - \vec{R})_z \end{aligned}$$

若取旋轉軸為 z 軸，則 $\vec{\omega} = \omega_z \hat{z}$ and $\vec{R} = R_x \hat{x} + R_y \hat{y}$ 。

因此

$$M \left[(\vec{R} \cdot \vec{R}) \vec{1} - \vec{R} \vec{R} \right] \cdot \vec{\omega} = M \begin{bmatrix} R_y^2 & -R_x R_y & 0 \\ -R_y R_x & R_x^2 & 0 \\ 0 & 0 & R_x^2 + R_y^2 \end{bmatrix} \cdot \begin{bmatrix} 0 \\ 0 \\ \omega_z \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \\ M(R_x^2 + R_y^2)\omega_z \end{bmatrix}$$

Likewise

$$\vec{I}_G \cdot \vec{\omega} = \left\{ \sum_{k=1}^N m_k \left[(\vec{r}_k - \vec{R}) \cdot (\vec{r}_k - \vec{R}) \vec{1} - (\vec{r}_k - \vec{R})(\vec{r}_k - \vec{R}) \right] \right\} \cdot \vec{\omega}$$

$$= \begin{bmatrix} I_{Gxx} & I_{Gxy} & 0 \\ I_{Gyx} & I_{Gyy} & 0 \\ 0 & 0 & I_{Gzz} \end{bmatrix} \cdot \begin{bmatrix} 0 \\ 0 \\ \omega_z \end{bmatrix} = \begin{bmatrix} 0 \\ 0 \\ I_{Gzz}\omega_z \end{bmatrix} = I_{Gzz}\omega_z \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix}$$

where

$$I_{Gxx} = \sum_{k=1}^N m_k \left\{ \left[(\vec{r}_k - \vec{R})_y \right]^2 \right\}$$

$$I_{Gyy} = \sum_{k=1}^N m_k \left\{ \left[(\vec{r}_k - \vec{R})_x \right]^2 \right\}$$

$$I_{Gzz} = \sum_{k=1}^N m_k \left\{ \left[(\vec{r}_k - \vec{R})_x \right]^2 + \left[(\vec{r}_k - \vec{R})_y \right]^2 \right\}$$

$$I_{Gxy} = I_{Gyx} = - \sum_{k=1}^N m_k (\vec{r}_k - \vec{R})_x \cdot (\vec{r}_k - \vec{R})_y$$

and the matrix representation of the unit vector \hat{z} is

$$\begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix}$$

因此我們得到平行軸定理：

$$\vec{L} = \left\{ \vec{I}_G + M \left[(\vec{R} \cdot \vec{R}) \vec{1} - \vec{R} \vec{R} \right] \right\} \cdot \vec{\omega} = [I_{Gzz} + M(R_x^2 + R_y^2)]\omega_z \hat{z} = (I_{Gzz} + MR^2)\omega_z \hat{z}$$

現在讓我們考慮另一個簡單的範例，讓我們考慮一個類似手機的長方體，長度為 L ，寬度為 W ，厚度為 D ，且 $D < W < L$ ，若我們取沿著長度方向為 x 軸，寬度方向為 y 軸，厚度方向為 z 軸，並取質心為原點。則根據方程式(8)可知

$$\vec{I} = \vec{I}_G = \begin{bmatrix} I_{Gxx} & I_{Gxy} & I_{Gxz} \\ I_{Gyx} & I_{Gyy} & I_{Gyz} \\ I_{Gzx} & I_{Gzy} & I_{Gzz} \end{bmatrix} = \begin{bmatrix} I_{Gxx} & 0 & 0 \\ 0 & I_{Gyy} & 0 \\ 0 & 0 & I_{Gzz} \end{bmatrix}$$

其中因為此長方體以 x 軸、 y 軸、或 z 軸旋轉時，都對稱於質心，因此 $I_{Gxy} = I_{Gxz} = I_{Gyz} = 0$ 。所以轉動動量 $\vec{L} = \vec{I} \cdot \vec{\omega}$ 的矩陣表示式可寫為

$$\begin{bmatrix} L_x \\ L_y \\ L_z \end{bmatrix} = \begin{bmatrix} I_{Gxx} & 0 & 0 \\ 0 & I_{Gyy} & 0 \\ 0 & 0 & I_{Gzz} \end{bmatrix} \begin{bmatrix} \omega_x \\ \omega_y \\ \omega_z \end{bmatrix} = \begin{bmatrix} I_{Gxx}\omega_x \\ I_{Gyy}\omega_y \\ I_{Gzz}\omega_z \end{bmatrix}$$

向量表示式為

$$L_x \hat{x} + L_y \hat{y} + L_z \hat{z} = I_{Gxx}\omega_x \hat{x} + I_{Gyy}\omega_y \hat{y} + I_{Gzz}\omega_z \hat{z}$$

如何將以上「矩陣表示式」與「向量表示式」做一個連結呢？

為了方便討論，我們令基底 $\mathcal{B} = \{\hat{x}, \hat{y}, \hat{z}\} = \{\vec{e}_1, \vec{e}_2, \vec{e}_3\}$

The matrix representation of \vec{e}_1 on the basis \mathcal{B} is $(\vec{e}_1)_{\mathcal{B}} = \begin{bmatrix} 1 \\ 0 \\ 0 \end{bmatrix}$

The matrix representation of \vec{e}_2 on the basis \mathcal{B} is $(\vec{e}_2)_{\mathcal{B}} = \begin{bmatrix} 0 \\ 1 \\ 0 \end{bmatrix}$

The matrix representation of \vec{e}_3 on the basis \mathcal{B} is $(\vec{e}_3)_{\mathcal{B}} = \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix}$

Thus,

$$\begin{aligned} (\vec{L})_{\mathcal{B}} &= L_x(\vec{e}_1)_{\mathcal{B}} + L_y(\vec{e}_2)_{\mathcal{B}} + L_z(\vec{e}_3)_{\mathcal{B}} = L_x \begin{bmatrix} 1 \\ 0 \\ 0 \end{bmatrix} + L_y \begin{bmatrix} 0 \\ 1 \\ 0 \end{bmatrix} + L_z \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix} = \begin{bmatrix} L_x \\ L_y \\ L_z \end{bmatrix} \\ (\vec{\omega})_{\mathcal{B}} &= \omega_x(\vec{e}_1)_{\mathcal{B}} + \omega_y(\vec{e}_2)_{\mathcal{B}} + \omega_z(\vec{e}_3)_{\mathcal{B}} = \omega_x \begin{bmatrix} 1 \\ 0 \\ 0 \end{bmatrix} + \omega_y \begin{bmatrix} 0 \\ 1 \\ 0 \end{bmatrix} + \omega_z \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix} = \begin{bmatrix} \omega_x \\ \omega_y \\ \omega_z \end{bmatrix} \end{aligned}$$

Likewise,

$$\begin{bmatrix} I_{Gxx}\omega_x \\ I_{Gyy}\omega_y \\ I_{Gzz}\omega_z \end{bmatrix} = I_{Gxx}\omega_x \begin{bmatrix} 1 \\ 0 \\ 0 \end{bmatrix} + I_{Gyy}\omega_y \begin{bmatrix} 0 \\ 1 \\ 0 \end{bmatrix} + I_{Gzz}\omega_z \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix} = I_{Gxx}\omega_x \hat{x} + I_{Gyy}\omega_y \hat{y} + I_{Gzz}\omega_z \hat{z}$$

以下要說明二階張量 \vec{I}_G 的「物理張量表示式」 $\vec{I}_G = I_{Gxx}\hat{x}\hat{x} + I_{Gyy}\hat{y}\hat{y} + I_{Gzz}\hat{z}\hat{z}$
與 \vec{I}_G 在基底 \mathcal{B} 中的「矩陣表示式」兩者之間的關係

$$\begin{aligned} \begin{bmatrix} I_{Gxx} & 0 & 0 \\ 0 & I_{Gyy} & 0 \\ 0 & 0 & I_{Gzz} \end{bmatrix} &= I_{Gxx} \begin{bmatrix} 1 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 0 \end{bmatrix} + I_{Gyy} \begin{bmatrix} 0 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 0 \end{bmatrix} + I_{Gzz} \begin{bmatrix} 0 & 0 & 0 \\ 0 & 0 & 0 \\ 0 & 0 & 1 \end{bmatrix} \\ &= I_{Gxx} \begin{bmatrix} 1 \\ 0 \\ 0 \end{bmatrix} [1 \ 0 \ 0] + I_{Gyy} \begin{bmatrix} 0 \\ 1 \\ 0 \end{bmatrix} [0 \ 1 \ 0] + I_{Gzz} \begin{bmatrix} 0 \\ 0 \\ 1 \end{bmatrix} [0 \ 0 \ 1] \\ &= I_{Gxx} |e_1\rangle \langle e_1| + I_{Gyy} |e_2\rangle \langle e_2| + I_{Gzz} |e_3\rangle \langle e_3| \\ &= I_{Gxx}(\vec{e}_1)_{\mathcal{B}}(\vec{e}_1)_{\mathcal{B}}^T + I_{Gyy}(\vec{e}_2)_{\mathcal{B}}(\vec{e}_2)_{\mathcal{B}}^T + I_{Gzz}(\vec{e}_3)_{\mathcal{B}}(\vec{e}_3)_{\mathcal{B}}^T \end{aligned}$$

$$\begin{aligned} \vec{I} \cdot \vec{\omega} &= \vec{I}_G \cdot \vec{\omega} = (I_{Gxx}\hat{x}\hat{x} + I_{Gyy}\hat{y}\hat{y} + I_{Gzz}\hat{z}\hat{z}) \cdot (\omega_x \hat{x} + \omega_y \hat{y} + \omega_z \hat{z}) \\ &= I_{Gxx}\omega_x \hat{x} + I_{Gyy}\omega_y \hat{y} + I_{Gzz}\omega_z \hat{z} \end{aligned}$$

Or

$$\begin{aligned} &[I_{Gxx}(\vec{e}_1)_{\mathcal{B}}(\vec{e}_1)_{\mathcal{B}}^T + I_{Gyy}(\vec{e}_2)_{\mathcal{B}}(\vec{e}_2)_{\mathcal{B}}^T + I_{Gzz}(\vec{e}_3)_{\mathcal{B}}(\vec{e}_3)_{\mathcal{B}}^T][\omega_x(\vec{e}_1)_{\mathcal{B}} + \omega_y(\vec{e}_2)_{\mathcal{B}} + \omega_z(\vec{e}_3)_{\mathcal{B}}] \\ &= [I_{Gxx}\omega_x(\vec{e}_1)_{\mathcal{B}} + I_{Gyy}\omega_y(\vec{e}_2)_{\mathcal{B}} + I_{Gzz}\omega_z(\vec{e}_3)_{\mathcal{B}}] \end{aligned}$$

Note that $(\vec{e}_i)_{\mathcal{B}}^T(\vec{e}_j)_{\mathcal{B}} = \delta_{ij} = \begin{cases} 1 & \text{if } i = j \\ 0 & \text{if } i \neq j \end{cases}$

現在若重新選一組 基底 $\mathcal{B}' = \{\vec{e}'_1, \vec{e}'_2, \vec{e}'_3\}$ 。若 \mathcal{B}' basis is an orthonormal basis (正交保長的基底) 則

$$\vec{e}'_i \cdot \vec{e}'_j = \delta_{ij} = \begin{cases} 1 & \text{if } i = j \\ 0 & \text{if } i \neq j \end{cases}$$

Let

$$\begin{aligned}\vec{e}'_1 &= A_{11}\vec{e}_1 + A_{21}\vec{e}_2 + A_{31}\vec{e}_3 \\ \vec{e}'_2 &= A_{12}\vec{e}_1 + A_{22}\vec{e}_2 + A_{32}\vec{e}_3 \\ \vec{e}'_3 &= A_{13}\vec{e}_1 + A_{23}\vec{e}_2 + A_{33}\vec{e}_3\end{aligned}$$

Name, $\vec{e}'_j = \sum_{i=1}^3 A_{ij}\vec{e}_i$. Namely

$$A = \begin{bmatrix} A_{11} & A_{12} & A_{13} \\ A_{21} & A_{22} & A_{23} \\ A_{31} & A_{32} & A_{33} \end{bmatrix} = \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_{\mathcal{B}} & (\vec{e}'_2)_{\mathcal{B}} & (\vec{e}'_3)_{\mathcal{B}} \\ \downarrow & \downarrow & \downarrow \end{bmatrix}$$

Then, a vector

$$\vec{L} = L_1\vec{e}_1 + L_2\vec{e}_2 + L_3\vec{e}_3 = L'_1\vec{e}'_1 + L'_2\vec{e}'_2 + L'_3\vec{e}'_3$$

i.e.,

$$\vec{L} = \sum_{i=1}^3 L_i\vec{e}_i = \sum_{j=1}^3 L'_j\vec{e}'_j = \sum_{j=1}^3 L'_j \sum_{i=1}^3 A_{ij}\vec{e}_i = \sum_{i=1}^3 \left(\sum_{j=1}^3 A_{ij}L'_j \right) \vec{e}_i$$

It yields

$$L_i = \sum_{j=1}^3 A_{ij}L'_j$$

or

$$\begin{bmatrix} L_1 \\ L_2 \\ L_3 \end{bmatrix} = \begin{bmatrix} A_{11} & A_{12} & A_{13} \\ A_{21} & A_{22} & A_{23} \\ A_{31} & A_{32} & A_{33} \end{bmatrix} \begin{bmatrix} L'_1 \\ L'_2 \\ L'_3 \end{bmatrix} = \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_{\mathcal{B}} & (\vec{e}'_2)_{\mathcal{B}} & (\vec{e}'_3)_{\mathcal{B}} \\ \downarrow & \downarrow & \downarrow \end{bmatrix} \begin{bmatrix} L'_1 \\ L'_2 \\ L'_3 \end{bmatrix}$$

It yields

$$\begin{bmatrix} L'_1 \\ L'_2 \\ L'_3 \end{bmatrix} = \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_{\mathcal{B}} & (\vec{e}'_2)_{\mathcal{B}} & (\vec{e}'_3)_{\mathcal{B}} \\ \downarrow & \downarrow & \downarrow \end{bmatrix}^{-1} \begin{bmatrix} L_1 \\ L_2 \\ L_3 \end{bmatrix}$$

For the orthonormal basis, it can be shown that

$$\begin{bmatrix} \leftarrow & (\vec{e}'_1)_{\mathcal{B}}^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_{\mathcal{B}}^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_{\mathcal{B}}^T & \rightarrow \end{bmatrix} \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_{\mathcal{B}} & (\vec{e}'_2)_{\mathcal{B}} & (\vec{e}'_3)_{\mathcal{B}} \\ \downarrow & \downarrow & \downarrow \end{bmatrix} = \begin{bmatrix} 1 & 0 & 0 \\ 0 & 1 & 0 \\ 0 & 0 & 1 \end{bmatrix}$$

Namely

$$\begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_{\mathcal{B}} & (\vec{e}'_2)_{\mathcal{B}} & (\vec{e}'_3)_{\mathcal{B}} \\ \downarrow & \downarrow & \downarrow \end{bmatrix}^{-1} = \begin{bmatrix} \leftarrow & (\vec{e}'_1)_{\mathcal{B}}^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_{\mathcal{B}}^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_{\mathcal{B}}^T & \rightarrow \end{bmatrix}$$

Thus, we have

$$\begin{bmatrix} L'_1 \\ L'_2 \\ L'_3 \end{bmatrix} = \begin{bmatrix} \leftarrow & (\vec{e}'_1)_{\mathcal{B}}^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_{\mathcal{B}}^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_{\mathcal{B}}^T & \rightarrow \end{bmatrix} \begin{bmatrix} L_1 \\ L_2 \\ L_3 \end{bmatrix} \quad (9)$$

Likewise, for

$$\vec{\omega} = \omega_1 \vec{e}_1 + \omega_2 \vec{e}_2 + \omega_3 \vec{e}_3 = \omega'_1 \vec{e}'_1 + \omega'_2 \vec{e}'_2 + \omega'_3 \vec{e}'_3$$

we have

$$\begin{bmatrix} \omega'_1 \\ \omega'_2 \\ \omega'_3 \end{bmatrix} = \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \begin{bmatrix} \omega_1 \\ \omega_2 \\ \omega_3 \end{bmatrix} \quad (10)$$

Then, how about

$$\vec{I} = I_{11} \vec{e}_1 \vec{e}_1 + I_{22} \vec{e}_2 \vec{e}_2 + I_{33} \vec{e}_3 \vec{e}_3 = \sum_{i=1}^3 \sum_{j=1}^3 I'_{ij} \vec{e}'_i \vec{e}'_j$$

Find $I'_{ij} = ?$

Since $\vec{L} = \vec{I} \cdot \vec{\omega}$, it yields $(\vec{L})_{B'} = (\vec{I} \cdot \vec{\omega})_{B'} = (\vec{I})_{B'} (\vec{\omega})_{B'}$. Namely

$$\begin{bmatrix} L'_1 \\ L'_2 \\ L'_3 \end{bmatrix} = \begin{bmatrix} I'_{11} & I'_{12} & I'_{13} \\ I'_{21} & I'_{22} & I'_{23} \\ I'_{31} & I'_{32} & I'_{33} \end{bmatrix} \begin{bmatrix} \omega'_1 \\ \omega'_2 \\ \omega'_3 \end{bmatrix} \quad (11)$$

Substituting Equations (9) and (10) into Equation (11) to eliminate $(\vec{L})_{B'}$ and $(\vec{\omega})_{B'}$ respectively, it yields

$$\begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \begin{bmatrix} L_1 \\ L_2 \\ L_3 \end{bmatrix} = \begin{bmatrix} I'_{11} & I'_{12} & I'_{13} \\ I'_{21} & I'_{22} & I'_{23} \\ I'_{31} & I'_{32} & I'_{33} \end{bmatrix} \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \begin{bmatrix} \omega_1 \\ \omega_2 \\ \omega_3 \end{bmatrix} \quad (12)$$

Equation (12) yields

$$\begin{bmatrix} L_1 \\ L_2 \\ L_3 \end{bmatrix} = \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix}^{-1} \begin{bmatrix} I'_{11} & I'_{12} & I'_{13} \\ I'_{21} & I'_{22} & I'_{23} \\ I'_{31} & I'_{32} & I'_{33} \end{bmatrix} \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \begin{bmatrix} \omega_1 \\ \omega_2 \\ \omega_3 \end{bmatrix} \quad (13)$$

We recall that

$$\begin{bmatrix} L_1 \\ L_2 \\ L_3 \end{bmatrix} = \begin{bmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{bmatrix} \begin{bmatrix} \omega_1 \\ \omega_2 \\ \omega_3 \end{bmatrix} \quad (14)$$

Equations (13) and (14) yields

$$\begin{bmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{bmatrix} = \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix}^{-1} \begin{bmatrix} I'_{11} & I'_{12} & I'_{13} \\ I'_{21} & I'_{22} & I'_{23} \\ I'_{31} & I'_{32} & I'_{33} \end{bmatrix} \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \quad (15)$$

or

$$\begin{aligned} \begin{bmatrix} I'_{11} & I'_{12} & I'_{13} \\ I'_{21} & I'_{22} & I'_{23} \\ I'_{31} & I'_{32} & I'_{33} \end{bmatrix} &= \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \begin{bmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{bmatrix} \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix}^{-1} \\ &= \begin{bmatrix} \leftarrow & (\vec{e}'_1)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_2)_B^T & \rightarrow \\ \leftarrow & (\vec{e}'_3)_B^T & \rightarrow \end{bmatrix} \begin{bmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{bmatrix} \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_B & (\vec{e}'_2)_B & (\vec{e}'_3)_B \\ \downarrow & \downarrow & \downarrow \end{bmatrix} \end{aligned} \quad (16)$$

因此只要設計出一組基底 $\mathcal{B}' = \{\vec{e}'_1, \vec{e}'_2, \vec{e}'_3\}$ 並寫出 $(\vec{e}'_1)_{\mathcal{B}}$ $(\vec{e}'_2)_{\mathcal{B}}$ $(\vec{e}'_3)_{\mathcal{B}}$ 就可以得到

$(\vec{L})_{\mathcal{B}'}$ $(\vec{\omega})_{\mathcal{B}'}$ 以及一組很複雜的 $(\vec{I})_{\mathcal{B}'}$

反過來，如何由此 很複雜的 $(\vec{I})_{\mathcal{B}'}$ 回推 $(\vec{e}'_1)_{\mathcal{B}}$ $(\vec{e}'_2)_{\mathcal{B}}$ $(\vec{e}'_3)_{\mathcal{B}}$ 與很簡單的 $(\vec{I})_{\mathcal{B}}$ 呢？原來 $(\vec{I})_{\mathcal{B}'}$ 的 eigen values 就是 I_{11}, I_{22}, I_{33} ，對應的 eigen vectors 就是 $(\vec{e}_1)_{\mathcal{B}}, (\vec{e}_2)_{\mathcal{B}}, (\vec{e}_3)_{\mathcal{B}}$ ，

Note that, by definition

$$\begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}'_1)_{\mathcal{B}} & (\vec{e}'_2)_{\mathcal{B}} & (\vec{e}'_3)_{\mathcal{B}} \\ \downarrow & \downarrow & \downarrow \end{bmatrix}^{-1} = \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}_1)_{\mathcal{B}'} & (\vec{e}_2)_{\mathcal{B}'} & (\vec{e}_3)_{\mathcal{B}'} \\ \downarrow & \downarrow & \downarrow \end{bmatrix}$$

Thus, we have

$$\begin{aligned} & \begin{bmatrix} \leftarrow & (\vec{e}'_1)^T_{\mathcal{B}} & \rightarrow \\ \leftarrow & (\vec{e}'_2)^T_{\mathcal{B}} & \rightarrow \\ \leftarrow & (\vec{e}'_3)^T_{\mathcal{B}} & \rightarrow \end{bmatrix} = \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}_1)_{\mathcal{B}'} & (\vec{e}_2)_{\mathcal{B}'} & (\vec{e}_3)_{\mathcal{B}'} \\ \downarrow & \downarrow & \downarrow \end{bmatrix} \\ & (\vec{I})_{\mathcal{B}'} = \begin{bmatrix} I'_{11} & I'_{12} & I'_{13} \\ I'_{21} & I'_{22} & I'_{23} \\ I'_{31} & I'_{32} & I'_{33} \end{bmatrix} = \begin{bmatrix} \leftarrow & (\vec{e}'_1)^T_{\mathcal{B}} & \rightarrow \\ \leftarrow & (\vec{e}'_2)^T_{\mathcal{B}} & \rightarrow \\ \leftarrow & (\vec{e}'_3)^T_{\mathcal{B}} & \rightarrow \end{bmatrix} \begin{bmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{bmatrix} \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}_1)_{\mathcal{B}'} & (\vec{e}_2)_{\mathcal{B}'} & (\vec{e}_3)_{\mathcal{B}'} \\ \downarrow & \downarrow & \downarrow \end{bmatrix} \\ & = \begin{bmatrix} \uparrow & \uparrow & \uparrow \\ (\vec{e}_1)_{\mathcal{B}'} & (\vec{e}_2)_{\mathcal{B}'} & (\vec{e}_3)_{\mathcal{B}'} \\ \downarrow & \downarrow & \downarrow \end{bmatrix} \begin{bmatrix} I_{11} & 0 & 0 \\ 0 & I_{22} & 0 \\ 0 & 0 & I_{33} \end{bmatrix} \begin{bmatrix} \leftarrow & (\vec{e}_1)^T_{\mathcal{B}'} & \rightarrow \\ \leftarrow & (\vec{e}_2)^T_{\mathcal{B}'} & \rightarrow \\ \leftarrow & (\vec{e}_3)^T_{\mathcal{B}'} & \rightarrow \end{bmatrix} \\ & = I_{11} \begin{bmatrix} \uparrow \\ (\vec{e}_1)_{\mathcal{B}'} \\ \downarrow \end{bmatrix} [\leftarrow \quad (\vec{e}_1)^T_{\mathcal{B}'} \quad \rightarrow] + I_{22} \begin{bmatrix} \uparrow \\ (\vec{e}_2)_{\mathcal{B}'} \\ \downarrow \end{bmatrix} [\leftarrow \quad (\vec{e}_2)^T_{\mathcal{B}'} \quad \rightarrow] \\ & + I_{33} \begin{bmatrix} \uparrow \\ (\vec{e}_3)_{\mathcal{B}'} \\ \downarrow \end{bmatrix} [\leftarrow \quad (\vec{e}_3)^T_{\mathcal{B}'} \quad \rightarrow] \end{aligned}$$